

**WE ARE A YEAR ROUND PROGRAM!**

| as of 07/20/17  |                   |          | MON                               | TUE                    | WED                    | THUR                         | FRI                  | SAT                    |
|---|-------------------|----------|-----------------------------------|------------------------|------------------------|------------------------------|----------------------|------------------------|
| TUITION   | AUTO PAY DISCOUNT |          |                                   |                        |                        |                              |                      |                        |
| <b>TUMBLING TOTS</b><br>(walking - 36 months)<br>50 minutes/wk<br>\$104.00<br>\$99.00   |                   |          | 9:20<br>10:20<br>11:20            | 9:20<br>10:20<br>11:20 | 9:20<br>10:20<br>11:20 | 9:20<br>10:20<br>11:20       |                      | 9:10<br>10:15<br>11:20 |
|   |                   |          | 4:35<br>5:40<br>6:50              | 5:40<br>6:50           | 4:35<br>5:40<br>6:50   | 5:40<br>6:50                 | 5:40<br>6:50         | 5:40                   |
| <b>PRE-SCHOOL</b><br>(3 yr. old - Pre K)<br>1 hr/wk<br>\$104.00<br>\$99.00  |                   |          | 9:15<br>10:15<br>11:15            | 9:15<br>10:15<br>11:15 | 9:15<br>10:15<br>11:15 | 9:15<br>10:15<br>11:15       |                      | 9:05<br>10:10<br>11:15 |
|   |                   |          | 4:30<br>5:35<br>6:45              | 4:30<br>5:35<br>6:45   | 4:30<br>5:35<br>6:45   | 4:30<br>5:35<br>6:45         | 4:30<br>5:35<br>6:45 | 4:30<br>5:35<br>6:45   |
| <b>STARZ</b><br>(Kindergarten & up)<br>1 hr/wk<br><b>GIRLS REC</b><br>(Second grade & Up)<br>1 hr/wk<br>STARBURST<br>FIRECRACKER<br>ROCKETS<br>DYNAMITES<br>\$104.00<br>\$99.00 |                   |          | 4:30<br>5:35<br>6:45              | 4:30<br>5:35<br>6:45   | 4:30<br>5:35<br>6:45   | 3:10<br>4:30<br>5:35<br>6:45 | 4:30<br>5:35<br>6:45 | 9:05<br>10:10<br>11:15 |
|   |                   |          | Times may vary for select classes |                        |                        |                              |                      |                        |
| <b>BOYS REC</b><br>(Kindergarten & up)<br>1 hr/wk<br>COPPER<br>CHROME<br>STEEL (Invite)<br>IRON<br>PLATINUM<br>TITANIUM<br>\$104.00<br>\$99.00                                  |                   |          | 4:30<br>5:35<br>6:45              | 4:30<br>5:35<br>6:45   | 4:30<br>5:35<br>6:45   | 3:10<br>4:30<br>5:35<br>6:45 | 4:30<br>5:35<br>6:45 | 9:05<br>10:10<br>11:15 |
|   |                   |          | Times may vary for select classes |                        |                        |                              |                      |                        |
| <b>Invitational Gymnastics Classes</b>  |                   |          |                                   |                        |                        |                              |                      |                        |
| Novas<br>1 hr 10 mins<br>\$170.00<br>\$175.00   |                   |          | 4:25<br>5:30<br>6:40              | 4:25<br>5:30           | 4:25<br>5:30<br>6:40   | 4:25<br>5:30                 |                      |                        |
|   |                   |          | 4:25<br>5:30                      | 5:30<br>6:40           | 4:25<br>5:30           |                              | 5:30<br>6:40         |                        |
| Comets  | \$245.00          | \$250.00 |                                   | 6:40                   |                        | 6:40                         |                      |                        |
| Boys League   | \$140.00          | \$145.00 |                                   | 6:45                   |                        | 7:00                         | 5:40                 |                        |
| <b>ANY ADDITIONAL ONE HOUR CLASS IS JUST \$60.00 PER MONTH</b>  |                   |          |                                   |                        |                        |                              |                      |                        |



### REGISTRATION

\$35.00 1<sup>st</sup> child  
\$25.00 2<sup>nd</sup> child  
\$15.00 3<sup>rd</sup> child

Includes a **FREE T-shirt**

(Or \$15 for a **Registration** leotard instead of a shirt)

### MAKE-UPS

Gymnasts may do make-ups for any missed classes. Please call ahead or see the office to reserve your spot in any available day and time. Students may also do makeups in other programs!

### FAMILY DISCOUNTS

10% off 2<sup>nd</sup> child's first class  
30% off 3<sup>rd</sup> child's first class



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|  | TUITION  | AUTO PAY<br>DISCOUNT | MON                          | TUE                  | WED                          | THUR                         | FRI                  | SAT                    |
|--|----------|----------------------|------------------------------|----------------------|------------------------------|------------------------------|----------------------|------------------------|
| <b>INTRO TO<br/>TUMBLING</b><br>5 and up<br>1 hr/wk            | \$104.00 | \$99.00              | 4:30<br>5:35<br>6:45         | 4:30<br>5:35<br>6:45 | 4:30<br>5:35<br>6:45         | 4:30<br>5:35<br>6:45         | 4:30<br>5:35<br>6:45 | 9:10<br>10:15<br>11:20 |
| <b>INTERMEDIATE<br/>TUMBLING</b><br>5 and up<br>1 hr/wk        | \$104.00 | \$99.00              | 4:30<br>5:35<br>6:45         | 4:30<br>5:35<br>6:45 | 4:30<br>5:35<br>6:45         | 4:30<br>5:35<br>6:45         | 4:30<br>5:35<br>6:45 | 9:10<br>10:15<br>11:20 |
| <b>ACCELERATE<br/>D<br/>TUMBLING</b><br>5 and up<br>1 hr/wk    | \$104.00 | \$99.00              | 4:30<br>5:35<br>6:45         | 4:30<br>5:35<br>6:45 | 4:30<br>5:35<br>6:45         | 4:30<br>5:35<br>6:45<br>7:50 | 4:30<br>5:35<br>6:45 | 9:10<br>10:15<br>11:20 |
| <b>ADVANCED<br/>TUMBLING</b><br>5 and up<br>1 hr/wk            | \$104.00 | \$99.00              | 4:30<br>5:35<br>6:45<br>7:50 | 4:30<br>5:35<br>6:45 | 4:30<br>5:35<br>6:45<br>7:50 | 4:30<br>5:35<br>6:45<br>7:50 | 4:30<br>5:35<br>6:45 | 9:10<br>10:15<br>11:20 |
| <b>ANY ADDITIONAL ONE HOUR CLASS IS JUST \$60.00 PER MONTH</b> |          |                      |                              |                      |                              |                              |                      |                        |

**Intro to Tumbling:** Forward roll, backward roll, kick handstand, side cartwheel, skip cartwheel, skip round-off, beginning standing back-handspring ("Flip Flop"), bridge-up with leg lift.

**Intermediate Tumbling:** Side cartwheel, skip round-off rebound, handstand snap-down, standing back handspring (with spot), beginning round-off back-handspring (with spot), kick handstand hold (3 seconds), bridge kick over.

**Accelerated Tumbling:** Standing back-handspring with light spot, round-off back-handspring.

**Advanced Tumbling:** RO, multiple Flip-flops, RO flip-flop back tuck, punch front.

**Elite Tumbling:** Flip-flop layout, full, double full, punch front step-out.



## Parent's Day Out

9 am – 1 pm  
4 hours of open gym, games and fun!  
\$18 online or  
\$22 @ the door  
Ages 3 and up  
(Must be fully potty trained)

### FULL DAY PDO

9:00 AM – 4:00 PM  
Pizza provided  
\$36 online or \$44 @ the door



## Parent's Night Out

7 pm – 11 pm  
Fun theme night for the kids  
\$18 online or  
\$22 @ the door  
Ages 3 and up  
(Must be fully potty trained)

Cash Concessions. All items \$2.00.  
Items include pizza, drinks & candy

