



# GYMNASTICS SCHEDULE

WE ARE A YEAR ROUND PROGRAM!

11707 B Huffmeister  
Houston, TX 77065  
281-469-4599  
CypressAcademy.com

08/12/23	TUITION	AUTO-DRAFT DISCOUNT	MON	TUE	WED	THUR	FRI	SAT
<b>TUMBLE TOTS</b> (walking – 36 months) 50 minutes/wk	\$104.00	\$99.00	4:35 5:40	4:35 6:50	10:20 5:40	4:35 5:40 6:50	5:40	9:10 10:15 11:20
<b>PRE-SCHOOL</b> (3 yr. old - Pre K) 1 hr/wk	\$104.00	\$99.00	Pre-school: Yellow Fish, Green Turtle, Red Lobster, & Blue Shark					
			9:15 11:15 4:30 5:35 6:45	10:15 4:30 5:35 6:45	11:15 4:30 5:35 6:45	4:30 5:35 6:45	9:15 10:15 4:30 5:35 6:45	5:35
<b>STARZ</b> (Kindergarten & First Grade) 1 hr/wk	\$104.00	\$99.00	Starz: Red, Blue, Purple, & Gold			Girls Rec: Starburst, Firecracker, Rocket, & Dynamite		
			4:30 5:35 6:45	4:30 5:35 6:45	4:30 5:35 6:45	4:30 5:35 6:45	4:30 5:35 6:45	9:05 10:10 11:15
<b>GIRLS REC</b> (Second grade & up) 1 hr/wk	Times and availability may vary for select classes							
<b>BOYS REC</b> (Kindergarten & up) 1 hr/wk	\$104.00	\$99.00	Boys Rec: Copper, Chrome, Steel (Invite), Iron, Platinum, & Titanium					
			4:30 5:35 6:45	4:30 5:35 6:45	4:30 5:35 6:45	4:30 5:35 6:45	4:30 5:35 6:45	9:05 10:10
<b>Invitational Gymnastics Classes</b>								
<b>NOVAS</b>	\$175.00	\$170.00	4:25 5:30	5:30 6:40	4:25 5:30	5:30 6:40		
<b>SUPERNOVAS</b>			5:30	5:30 6:40	5:30	5:30 6:40		
<b>COMETS</b>	\$250.00	\$245.00		6:40		6:40		
<b>BOYS LEAGUE</b>	\$145.00	\$140.00		7:00	5:30 (Invite)	7:00	5:30 (Invite)	10:15

**ANY ADDITIONAL ONE HOUR CLASS IS JUST \$60 PER MONTH**

### REGISTRATION

\$35.00 Annual fee  
\$25.00 for the second child  
\$15.00 for each additional child  
Includes a **FREE T-shirt**  
(Or \$20 for a **Registration** leotard)

### MAKE-UPS

Gymnasts may do make-ups for any missed classes. Please log into SNAP or call ahead to reserve your spot in any available day and time. Students may also do makeups in other programs!

### FAMILY DISCOUNTS

10% off 2<sup>nd</sup> child's first class  
30% off 3<sup>rd</sup> child's first class





# TUMBLING SCHEDULE

11707 B Huffmeister  
Houston, TX 77065  
**281-469-4599**  
CypressAcademy.com

**WE ARE A YEAR ROUND PROGRAM!**

08/12/23	TUITION	AUTO-DRAFT	MON	TUE	WED	THUR	FRI	SAT
<b>INTRO TO TUMBLING</b> 5 and up 1 hr/wk	\$104.00	\$99.00	4:30 5:35 6:45	4:30 5:35 6:45	4:30 5:35 6:45	4:30 5:35 6:45	4:30	9:05 10:10 11:15
<b>INTERMEDIATE TUMBLING</b> 5 and up 1 hr/wk	\$104.00	\$99.00	4:30 5:35 6:45	4:30 5:35 6:45	4:30 5:35 6:45	4:30 6:45	4:30 5:35	9:05 10:10
<b>ACCELERATED TUMBLING</b> 5 and up 1 hr/wk	\$104.00	\$99.00	6:45	5:35 6:45	4:30 5:35	4:30 5:35	4:30 5:35	9:05 10:10 11:15
<b>ADVANCED TUMBLING</b> 5 and up 1 hr/wk	\$104.00	\$99.00	4:30 5:35 6:45	6:45 7:50	4:30 6:45	6:45 7:50	4:30	11:15
<b>ELITE TUMBLING</b> 5 and up 1 hr/wk	\$104.00	\$99.00				7:50		
<b>ANY ADDITIONAL ONE HOUR CLASS IS JUST \$60 PER MONTH</b>								

**Intro to Tumbling:** Forward roll, backward roll, kick handstand, side cartwheel, skip cartwheel, skip round-off, beginning standing back-handspring ("Flip Flop"), bridge-up with leg lift.

**Intermediate Tumbling:** Side cartwheel on line, skip round-off rebound, handstand snap-down, standing back handspring (with spot), beginning round-off back-handspring (with spot), kick handstand hold (3 seconds), bridge kick over.

**Accelerated Tumbling:** Standing back-handspring with light spot, round-off back-handspring.

**Advanced Tumbling:** RO, multiple Flip-flops, RO flip-flop back tuck, punch front.

**Elite Tumbling:** Flip-flop layout, full, double full, punch front step-out.



9 am – 1 pm  
4 hours of open gym, games and fun!  
\$18 online or \$22 @ the door  
Ages 3 and up  
(Must be fully potty trained)  
Look out for upcoming dates!  
Visit [www.cypressacademy.com](http://www.cypressacademy.com) for more info!



7 pm – 11 pm  
Fun theme night the for kids (Fun date night for Mom and Dad!)  
\$18 online or \$22 @ the door  
Ages 3 and up  
(Must be fully potty trained)  
Look out for upcoming dates!  
Visit [www.cypressacademy.com](http://www.cypressacademy.com) for more info!