

GYMNASTICS SCHEDULE

WE ARE A YEAR ROUND PROGRAM!

11707 B Huffmeister
Houston, TX 77065
281-469-4599
CypressAcademy.com

04/23/24	TUITION	AUTO-DRAFT DISCOUNT	MON	TUE	WED	THUR	FRI	SAT
<u>TUMBLE TOTS</u> (walking – 36 months) 50 minutes/wk	\$116.00	\$110.00	4:35 5:40	4:35 6:50	10:20 5:40	4:35 5:40 6:50	5:40	9:10 10:15 11:20
<u>PRE- SCHOOL</u> (3 yr. old - Pre K) 1 hr/wk	\$116.00	\$110.00	<u>Pre-school:</u> Yellow Fish, Green Turtle, Red Lobster, & Blue Shark					
			10:15 11:15		9:15 11:15			9:05 10:10 11:15
	Times and availability may vary for select classes		4:30 5:35 6:45	4:30 5:35 6:45	4:30 5:35 6:45	4:30 5:35 6:45	4:30 5:35	
<u>STARZ</u> (Kindergarten & First Grade) 1 hr/wk <u>GIRLS REC</u> (Second grade & up) 1 hr/wk	\$116.00	\$110.00	<u>Starz:</u> Red, Blue, Purple, & Gold				<u>Girls Rec:</u> Starburst, Firecracker, Rocket, & Dynamite	
								9:05 10:10 11:15
	Times and availability may vary for select classes		4:30 5:35 6:45	4:30 5:35 6:45	4:30 5:35 6:45	4:30 5:35 6:45	4:30 5:35 6:45	
<u>BOYS REC</u> (Kindergarten & up) 1 hr/wk	\$116.00	\$110.00	<u>Boys Rec:</u> Copper, Chrome, Steel (Invite), Iron, Platinum, & Titanium					
								9:05 10:10
	Times and availability may vary for select classes		4:30 5:35 6:45	4:30 5:35 6:45	4:30 5:35 6:45	4:30 5:35 6:45	4:30 5:35 6:45	
Invitational Gymnastics Classes								
<u>NOVAS</u>	\$195.00	\$185.00	4:25 5:30	5:30 6:40	4:25 5:30	5:30 6:40		
<u>SUPERNOVAS</u>			5:30	5:30 6:40	5:30	5:30 6:40		
<u>COMETS</u>	\$285.00	\$275.00		6:40		6:40		
<u>BOYS LEAGUE</u>	\$165.00	\$155.00		7:00	5:30 (Invite)	7:00	5:30 (Invite)	10:15
ANY ADDITIONAL ONE HOUR CLASS IS JUST \$60 PER MONTH								

REGISTRATION

\$40.00 Annual fee
\$30.00 for the second child
\$20.00 for each additional child
Includes a FREE T-shirt
(Or \$20 for a **Registration** leotard)

MAKE-UPS

Gymnasts may do make-ups for any missed classes. Please log
into SNAP or call ahead to reserve your spot in any available
day and time. Students may also do makeups in other
programs!

FAMILY DISCOUNTS

10% off 2nd child's first class
30% off 3rd child's first class





TUMBLING SCHEDULE

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04/23/24	TUITION	AUTO-DRAFT	MON	TUE	WED	THUR	FRI	SAT
<u>INTRO TO TUMBLING</u> 5 and up 1 hr/wk	\$116.00	\$110.00	4:30 5:35 6:45	4:30 5:35 6:45	4:30 5:35 6:45	4:30 5:35 6:45	4:30	9:05 10:10 11:15
<u>INTERMEDIATE TUMBLING</u> 5 and up 1 hr/wk	\$116.00	\$110.00	4:30 5:35 6:45	4:30 5:35 6:45	4:30 5:35 6:45	4:30 6:45	4:30 5:35	9:05 10:10
<u>ACCELERATED TUMBLING</u> 5 and up 1 hr/wk	\$116.00	\$110.00	6:45	5:35 6:45	4:30 5:35	4:30 5:35	4:30 5:35	9:05 10:10 11:15
<u>ADVANCED TUMBLING</u> 5 and up 1 hr/wk	\$116.00	\$110.00	4:30 5:35 6:45	6:45 7:50	4:30 6:45	6:45 7:50	4:30	11:15
<u>ELITE TUMBLING</u> 5 and up 1 hr/wk	\$116.00	\$110.00				7:50		
ANY ADDITIONAL ONE HOUR CLASS IS JUST \$60 PER MONTH								

Intro to Tumbling: Forward roll, backward roll, kick handstand, side cartwheel, skip cartwheel, skip round-off, beginning standing back-handspring ("Flip Flop"), bridge-up with leg lift.

Intermediate Tumbling: Side cartwheel on line, skip round-off rebound, handstand snap-down, standing back handspring (with spot), beginning round-off back-handspring (with spot), kick handstand hold (3 seconds), bridge kick over.

Accelerated Tumbling: Standing back-handspring with light spot, round-off back-handspring.

Advanced Tumbling: RO, multiple Flip-flops, RO flip-flop back tuck, punch front.

Elite Tumbling: Flip-flop layout, full, double full, punch front step-out.



9 am – 1 pm
4 hours of open gym, games and fun!
\$20 online or
\$25 @ the door
Ages 3 and up
(Must be fully potty trained)
Look out for upcoming dates!
Visit www.cypressacademy.com
for more info!



7 pm – 11 pm
Fun theme night the for kids
(Fun date night for Mom and Dad!)
\$20 online or
\$25 @ the door
Ages 3 and up
(Must be fully potty trained)
Look out for upcoming dates!
Visit www.cypressacademy.com
for more info!