

# GYMNASTICS SCHEDULE

23200 Kuykendahl Rd. Tomball, TX 77375 **281-766-4899** 

## WE ARE A YEAR ROUND PROGRAM!

CypressAcademy.com

	Tuition	Auto-Draft	MON	TUE	WED	THUR	FRI	SAT		
			9:20	9:20	9:20	9:20		9:10		
			10:20	10:20	10:20	10:20		10:15		
Tumble Tots								11:20		
(Walking- 36 months)	\$116.00	\$110.00	4.05	4.05	4.05	4.05	4.05	22.20		
50 minutes/wk			4:35	4:35	4:35	4:35	4:35			
50 minutes/ wk			5:40	5:40	5:40	5:40	5:40			
			6:50							
			Yellow Fish, Green Turtles, Red Lobsters, & Blue Sharks							
Pre-School (3 yrs old- Pre K) 1 hr/wk	\$116.00	\$110.00	9:15	9:15	9:15	9:15		9:05		
	<b>Ģ110.00</b>	γ110.00	10:15	10:15	10:15	10:15		10:10		
			11:15	11:15	11:15	11:15		11:15		
	Times and availability may vary for select levels		4:30	4:30	4:30	4:30	4:30			
			5:35	5:35	5:35	5:35	5:35			
	vary for S	elect levels	6:45	6:45	6:45	6:45				
Starz (Kindergarten & 1 <sup>st</sup> grade) 1 hr/wk			Red Starz, Blue Starz, Purple Starz, & Gold Starz							
					-			9:05		
	\$116.00	\$110.00						10:10		
								11:15		
			4:30	4:30	4:30	4:30	4:30			
	Times and av	vailability may	5:35	5:35	5:35	5:35	5:35			
	vary for select levels		6:45	6:45	6:45	6:45				
			Starburst, Firecrackers, Rockets, & Dynamites							
								9:05		
Girl's Rec								10:10		
(2 <sup>nd</sup> grade &	\$116.00	\$110.00						11:15		
Up)					4:30					
1 hr/wk			4:30	4:30	5:35	4:30	4:30			
	Times and as	vailahility may	5:35 6:45	5:35 6:45	6:45	5:35 6:45	5:35 6:45			
	Times and availability may vary for select levels		0.45	0.45	7:50 10+	0.45	0.45			
	,		Copper, Chrome & Steel							
Boys Rec (Kindergarten & 1 <sup>st</sup> grade) 1 hr/wk					ээррэг, этг			9:05		
	\$116.00	\$110.00						3.03		
	Ψ120.00	Ψ120.00						11:15		
				4:30	4:30	4:30	4:30			
	Times and as	l vailahility may		5:35	5:35	5:35	5:35			
	Times and availability may vary for select levels		6:45	6:45	6:45	6:45	3.33			
	,		Iron, Platinum & Titanium							
		\$110.00								
Boys Rec	\$116.00							9:05 10:10		
(2 <sup>nd</sup> grade &	\$110.00	\$110.00						10.10		
Up)			4:30	4:30		4:30		11.13		
1 hr/wk	Times and availability may		5:35	5:35	5:35	5:35	5:35			
	Times and availability may vary for select levels						5.55			
	valy iof S	CIECT IEAEI2	6:45	6:45	6:45	6:45				
Na				nal Gymnastic						
Novas	\$195.00	\$185.00	4:25	4:25	4:25	4:25		40.05		
Supernovas	4205.55	4077-55	5:30 6:40	5:30	5:30 6:40	5:30 6:40		10:05		
Comets	\$285.00	\$275.00	6:40	6:40	6:40	6:40	_			
Boys League	\$165.00	\$155.00		6:45			5:45			

ANY ADDITIONAL ONE HOUR CLASS IS JUST AN ADDITIONAL \$60 PER MONTH

## **Family Discounts**

10% off 2<sup>nd</sup> child's first class

(Two children enrolled in 1 hr Rec classes each using Auto-Draft, \$209.00 per month)

30% off 3<sup>rd</sup> child's first class

(Three children enrolled in 1 hr Rec classes each using Auto-Draft, \$286.00 per month)

### **Registration Cost**

\$40.00 Annual fee \$30.00 for the second child \$20.00 for each additional child Includes a FREE T-shirt

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(Or \$20 for a *Registration* leotard)



## TUMBLING SCHEDULE

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	Tuition	Auto-Draft	MON	TUE	WED	THUR	FRI	SAT
	\$116.00	\$110.00						9:05
to to a to Touch Para								10:10
Intro to Tumbling			4:30	4:30	4:30	4:30	4:30	11:15
(Ages 5 and up) 1 hr/wk			5:35	5:35	5:35	5:35	5:35	
1111/411			6:45	6:45	6:45 7:50 10+	6:45		
	\$116.00	\$110.00						9:05
Intermediate Tumbling								10:10
(Ages 5 and up)			4:30	4:30	4:30	4:30	4:30	11:15
1 hr/wk			5:35	5:35	5:35	5:35	5:35	
			6:45	6:45	6:45	6:45		
	\$116.00	\$110.00						9:05
Accelerated Tumbling								10:10
(Ages 5 and up)			4:30	4:30	4:30	4:30	4:30	11:15
1 hr/wk			5:35	5:35	5:35	5:35	5:35	
			6:45	6:45	6:45	6:45		
								9:05
Advanced Tumbling	\$116.00	\$110.00		4:30	4:30	4:30		11:15
(Ages 5 and up)			5:35	4.50	4.50	4.50	5:35	11.13
1 hr/wk			6:45			6:45	3.33	
			7:50	7:50	7:50	0.15		
	\$116.00	\$110.00						
Elite Tumbling								
(Ages 5 and up) 1 hr/wk								
,			7:50	7:50	7:50			

<u>Intro to Tumbling:</u> Forward roll, backward roll, kick handstand, side cartwheel, skip cartwheel, skip round-off, beginning standing back-handspring ("Flip Flop"), bridge-up with leg lift.

<u>Intermediate Tumbling:</u> Side cartwheel on line, skip round-off rebound, handstand snap-down, standing back handspring (with spot), beginning round-off back-handspring (with spot), kick handstand hold (3 seconds), bridge kick over.

Accelerated Tumbling: Standing back-handspring with light spot, round-off back-handspring.

Advanced Tumbling: RO, multiple Flip-flops, RO flip-flop back tuck, punch front.

Elite Tumbling: Flip-flop layout, full, double full, punch front step-out.

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### Make-Ups

Athletes may do make-ups for any missed classes. Please log into SNAP or call ahead to reserve your spot in any available day and time. Students may also do makeups in other programs!